

Medium Term Plan: Rhyming In Time

Year 1 · Unit 1

Learning Objectives

By the end of this unit, children will be able to:

1. Move in time with the beat/pulse, responding to different tempos (speeds).
2. Chant, rap, and sing using different voices following simple cues such as starting together.

	Summary of Lesson	Key Learning
Weeks 1 & 2	Introduction to Rhythm and Movement • Develop a sense of beat, pulse, and rhythm through active engagement. • Combine listening, movement, and vocal activities. • Respond to music through movement to reinforce the connection between rhythm and physical movement. • Support confident participation in singing and chanting. Exploring Vocal Techniques • Develop listening and vocal skills by exploring rhythm, timing, and expressive voices. • Understand how different rhythms can be represented vocally. • Perform collaboratively in groups to foster confidence.	To move in time with the beat or pulse of the music. To differentiate between singing and chanting using voice modulation.

Weeks 3 & 4	Applying Rhythm and Movement Together • Develop a sense of tempo and coordination by exploring movement and rhythm. • Listening carefully to compare the speeds of different musical pieces. • Express musical ideas through chanting and creative movement. Creating Rhythms Through Exploration • Foster creativity and self-expression by connecting visual art and music. • Explore how images can inspire movement, develop rhythmic awareness, and create opportunities for children to collaborate by creating and performing their own musical patterns.	Identify tempo changes. Compare and contrast different musical tempos and styles. Perform movements and chants synchronised with music. Perform energetically to fast music.
Weeks 5 & 6	Final Performance Preparation • Consolidate learning through rehearsal and performance. • Refine vocal expression, rhythm, and timing. • Collaborate in groups and apply creative movements to deliver a confident and dynamic performance. Final Performance and Reflection • Consolidate and showcase learning through performance. • Apply vocal and movement skills. • Collaborate confidently and effectively. • Reflect on musical choices and experiences to deepen understanding of rhythm, expression and creativity.	Integrate musical concepts in a performance. Demonstrate their understanding and application of musical concepts through performing. Express ideas through music and movement.