

PE Curriculum Overview (including Sports Coaches) 2025-26

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	FMS – Jack and the Beanstalk	FMS – How to Catch a Star	FMS – Minibeasts	FMS – Hungry Caterpillar	FMS – Rumble in the Jungle	FMS – Seaside
		FMS Development – SRSP Tots on Tyres - SRSP	Dance - SRSP		Dance - SRSP	
Year 1	Gymnastics Activities Core Task 1	Dance – Three Little Pigs	FMS – Kicking Unit	Gymnastics Activities Core Task 2	FMS – Overarm Throw	FMS – Zog
	FMS Baseline Unit: Supertato	FMS – Rolling a ball	Dance – Fire Fire	FMS – Catching and Bouncing a ball	FMS – Athletics	FMS – Tri Throlf
		FMS Development – SRSP	Dance - SRSP			Dance - SRSP
Year 2	Games – Piggy in the middle Core Task	FMS - Bounceball	FMS – Kicking Unit	Games – Net and Wall	Athletics	OAA – The Great Outdoors
	Dance – Seaside	Gymnastics Activities	FMS – Playground Games from the 20 th Century	Games – Striking and Fielding	Dance – Moving Along	FMS – End of KS1 Assessment
	Dance – SRSP	Young Leaders Training – SRSP			Dance - SRSP	Dance - SRSP

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Year 3	Invasion Games – Netball	Invasion Games – Handball	Net and Wall Unit – Core Task 1	Gymnastics – Core Task 2	Athletics	OAA – Trust and Trails
	Dance – Rock and Roll	Gymnastics – Core Task 1	Creative Games – Tag and Target	Striking and Fielding – Rounders	Dance – Superheros	Invasion Games – Rugby 1
	Dance – SRSP	Scotsafe - SRSP				Dance - SRSP
Year 4	Invasion Games Touchball	Invasion Games – Basketball	Net and Wall Unit – Core Task 2	Gymnastics – Core Task 2	Target Games – Boccia	OAA – Teamwork and Problem Solving
	Invasion Games – On the Attack	Gymnastics – Core Task 1	Dance – Myths and Legends	Invasion Games – Rugby 2	Athletics	Striking and Fielding – Cricket
			Nutrition Mission – SRSP Dance – SRSP		Dance - SRSP	
Year 5	Invasion Games – Netball	Invasion Games – Rugby 1	Net and Wall – Tennis	Creative Games	Invasion Games – Hockey	OAA – Teamwork and Problem Solving 1
	Gymnastics – Core Task 1	Dance – Highwayman	Dance – Robin Hood	Gymnastics – Core Task 2	Athletics	Striking and Fielding – Cricket
		Young Leaders Training – SRSP		Dance – SRSP		Dance - SRSP

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Year 6	Invasion Games – Netball	Gymnastics – Core Taks 1	Dance – Heros and Villains	Gymnastics – Core Task 2	Athletics	Invasion Games – Football
	Dance – Food Glorious Food	Invasion Games – Hockey	Net and Wall – Badminton	Invasion Games – Rugby 2	Creative Games	OAA – Teamwork and Problem Solving 2
		Dr Bike Bike Fix Bikeability – SRSP	Dance - SRSP		Dance - SRSP	